

Newsletter

08 September 2023

Welcome back!

'The best way to predict the future is to create it.'

I wish you a warm welcome back to school and hope you have had an enjoyable summer holiday. We are so excited when we think of the endless number of amazing opportunities that will come our way this year. We are so happy to be on this journey with you and your family.

The children continue to amaze us with how well they are settling into their new classes, year groups and new routines.

I would like to extend a special welcome to our new children and their families. I am confident that the children will flourish with the excellent partnerships between home and school and the care and commitment of our staff team. Should you have any worries or concerns, no matter how small, please do not hesitate to contact school to arrange to speak with your child's class teacher, our Pastoral Team, Mrs Wright & Mrs K Bradley, or myself - there will always be someone who can help.

As the winter months are heading this way and the weather will soon change, it is going to be very wet and muddy. Children will need to have a pair of wellies in school so that we can continue to play out on the field. Please make sure they are clearly named.



PE Days

Key stage 1 will start PE next week.

Seashells- Tuesday/Wednesday

Sealions- Monday/Thursday

Starfish- Wednesday/Friday

Puffins- Tuesday/Friday

Gulls- Monday/Thursday

Penguins- Monday/Thursday

PE kits

PE kits should be a white T-shirt, royal blue shorts, plimsolls or trainers or a plain tracksuit. Please use a drawstring PE bag to save space on their peg.

Cool Milk

If you wish your child to have milk in school, please register at [Cool Milk](#).

Newsletter

08 September 2023

Healthy Snacks

At Caister Primary Federation we recognise the importance of a healthy lifestyle and diet and understand that establishing a balanced diet in childhood helps to promote healthy eating habits for life.



We encourage all children in Years 1 and 2 to bring in a healthy snack for morning break. Below is a list of healthy snack suggestions to give an idea of what to send in with your child.

- Fruit
- Vegetables
- Savoury crackers
- Bread sticks
- Cheese

* Please remember the children are not permitted to bring nuts and nut products or Kiwi in packed lunchboxes or as a snack due to serious allergies.

Pastoral Team

Mrs Wright and Mrs K Bradley will be supporting the social and emotional well-being of our children. They will be on the playground almost every morning so please come and say hello. They will be available to chat over a cuppa to any parent/carer who would like support or a friendly listening ear. If you would like to contact the team at any other time, you can telephone the school office on 01493 378300 or email them at:

lwright@caisterprimaryfederation.org
kbradley@caisterinfant.org.uk

Meet the teacher.

Pop along from 3:15pm, on Tuesday 12th September, to meet your child's new class teacher in their classroom. Your child's teacher/s will be able to answer any question/queries you may have. Remember, we are here to support you so it would be lovely to see as many of you as possible.



If anyone has any issues with tapestry, please contact Miss Turvey -
cturvey@caisterinfant.org.uk

Newsletter

08 September 2023

Attendance

This week's School Attendance was **95.56** %

Class	%	Congratulations to the starfish class who are our Attendance Winners this week!
Otters		
Seals		
Jellyfish		
Pufferfish		
Seahorses		
Sealions	92.05	
Seashells	97.35	
Starfish	99.06	
Gulls	91.85	
Penguins	93.33	
Puffins	92.67	

If your child is unable to attend school due to illness, please call the school on 01493 378300. If your child has a medical appointment during school time, please let the school office know in advance.

After School Clubs

Please look out for emails this week regarding after school clubs being offered this term. Please note, there are limited spaces for each club and children are selected at random.

Water Bottles

Children in Reception, Y1 & Y2 are encouraged to bring a water bottle to school each day. Please ensure that your child's name is written on the bottle to avoid confusion. Also, please ensure that the water bottle contains water - **not flavoured water, cordial or fruit juice**

Allergies

If your child is having a packed lunch, please ensure that this lunch does not contain any type of nuts or kiwi.



Contact Details

Please keep the school updated with any new contact details, including phone, email, and address as well as any changes in medical conditions.

Thank you for your continued support, I hope you all have a lovely weekend.

Mr Williams

Newsletter

08 September 2023

Autumn Term Menu 2023

Day	WEEK ONE W/C 04/09, 25/09, 16/10, 13/11 & 04/12	WEEK TWO W/C 11/09, 02/10, 30/10, 20/11 & 11/12	WEEK THREE W/C 18/09, 09/10, 06/11, 27/11 & 18/12	Packed Lunch	Jacket Potato
Monday	Cheese & Tomato Pizza With waffles and spaghetti hoops Rice Krispie Bar	Cheese & tomato pasta with Sweetcorn & pea mix and wholemeal bread Frozen Strawberry yogurt or ice cream tub	Cheese & bacon macaroni or macaroni cheese with broccoli & a French stick slice Raspberry crumble & ice cream	Cheese French stick, cucumber slices, rice krispie bar & a box of raisins	Cheese
Tuesday	Beef stew Or Cheese triangle with fresh vegetables & mashed potato Chocolate Oatcake	Chicken Chunks Or Quorn Nuggets with noodles, sweet & sour sauce and vegetable stir fry Raspberry Flapjack	Chicken curry with rice Or Veggie curry with rice sweetcorn & naan bread Krackolet	Crackers and a cheese triangle, carrot sticks, chocolate oatcake & apple slices	Tuna & Salad Cream
Wednesday	Meatballs or Quorn meatballs in a tomato sauce with pasta, sweetcorn & garlic bread Meringue with cream & fruit	Chilli con carne Or Veggie chilli con carne With steamed rice & sweetcorn Chocolate crunch	Sausage roll or cheese flan with smiley faces, baked beans & cucumber slices Chocolate sponge pudding & chocolate custard	Sausage wrap, bread sticks, cherry tomatoes, shortbread & melon cubes	Cheese & Beans
Thursday	Breakfast sausage Or vegetarian sausage with omelette, hash brown & beans Iced Sponge Cake	Sausage or Vegetarian Sausage with a Yorkshire Pudding, mash, peas, carrots & gravy Jelly & ice cream	Bolognese Or Quorn Bolognese with pasta, garlic bread & sweetcorn Toffee Tart	Cheese and tomato pasta pots, nutri-grain cereal bag, an iced sponge cake & grapes	Ham & Coleslaw
Friday	Chicken nuggets Or quorn nuggets with chips & spaghetti hoops ice cream tub	Fish Fingers Or Veggie Fingers with chips & beans Shortbread Biscuit	Chicken nuggets Or Cheese wheel with chips, peas & salad Oaty Bar	Ham sandwich, cucumber sticks, chocolate crunch biscuit & a piece of fruit	Cheese & Beans

N.B. Please note that these menus are subject to change due to availability.