

Term	Autumn	Spring	Summer
Robins	Fundamentals Ball skills Gymnastics Sending and receiving	Target games Dance Invasion games Yoga	Striking and fielding games Fitness Athletics Team building
Jays	Fundamentals Ball skills Gymnastics Sending and receiving	Target games Dance Invasion games Yoga	Striking and fielding games Fitness Athletics Team building
Woodpecker s	Fundamentals Ball Skills Gymnastics Tag Rugby	Dance Dodgeball Netball OAA	Athletics Basketball Swimming Cricket
Swallows	Fundamentals Ball Skills Gymnastics Tag Rugby	Dance Dodgeball Netball OAA	Athletics Basketball Swimming Cricket
Hérons	Fitness Yoga Gymnastics Tag Rugby	Dance Dodgeball Football OAA	Athletics Volleyball Swimming Rounders